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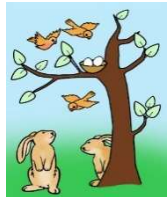


Spring 2024 Issue



PEEL GPs

# Peel GPs



## New Surgery Number

Our telephone number  
has changed.  
The new number is  
**0161 529 1140**

## Easter Closing and Prescriptions

We will be closed Easter Bank Holidays on Friday 29<sup>th</sup> March and Monday 1<sup>st</sup> April. We will be open for our usual hours 8.00am – 6.30pm from Tuesday 2<sup>nd</sup> April.

If your prescriptions are due over the easter period please remember to Order early. Don't risk running out!

We would all like to wish you a Happy Easter

## Measles on the Increase

NHS England reported in January this year that Measles is again on the increase across England including Greater Manchester, and parents of Children aged from 6 to 11 years are urged to contact their child's GP practice for their missed MMR vaccination.

NHS figures show more than 3.4 million children under the age of 16 years are either unprotected or not fully protected and at risk of catching these serious and completely preventable diseases.

Measles is a serious illness, with one in five children who get the disease having to be admitted to hospital for treatment.

It is important that vaccines are given on time for the best protection, but if a vaccine is missed it is not too late to catch up.

Appointments are available to book online for you to select a day and time which is convenient for you with one of our very friendly practice nurses.

Vaccination schedule can be found at:  
<https://www.nhs.uk/conditions/vaccinations/nhs-vaccinations-and-when-to-have-them/>

## Face Masks No Longer Mandatory At Peel GPs

The requirement to wear a face masks during a face to face consultation ended on March 18<sup>th</sup> and is no longer mandatory, however, for those who still wish to wear one the practice will still provide them.

## Retirements.

After many of dedicated service to the community we say a sad farewell to two of the Doctors and one of the Admin Staff who are retiring at the end of March this year. Between them they have given 86 years of dedicated service to Bury's community and Peel GPs. We wish them many years of happy retirement.

### Dr. Paul Jackson



They say a Truly Good Doctor is hard to find, difficult to part with and impossible to forget. After 42 years of training and dedicated service as a doctor, senior partner Dr Paul Jackson is hanging up his stethoscope. Born in 1962, educated and lives in Bury, he has been with the practice since 1997. When asked why he wanted to become a doctor he wanted more time as a student and after taking his 'O' and 'A' levels, knowing he could go to university he decided to try Medical school in the hope of becoming a doctor hoping to do some good.

Not from a medical family he studied at St. Bartholomew's School of Medicine in London, qualifying in 1987. After a year as a House Doctor (now known as a Junior Doctor) he spent a further 6 years training in other specialised areas of medicine including Paediatrics. Once qualified he knew he wanted to return to Bury as a GP giving something back to the community because he felt and still feels very fortunate and grateful to his parents and teachers for his upbringing and education. Married to Jane a former GP at Peel he has 3 children, 1 son and 2 daughters, the eldest daughter is a doctor in Australia.

As well as being a senior partner at the practice, in 2020 he was asked to help out with the drugs team acting as their clinic doctor for Bury, then a year later he setup and still manages the unit for the violent and aggressive patients in Bury.

His Interests include rescuing and caring for animals and currently has 5 dogs, 5 cats, 2 goats and 8 sheep. He and Jane also keep bees, producing honey for consumption. Other interests include motor bikes and has on occasions done some off road racing, he also likes old cars and enjoys restoring them. He has recently taken up canoeing and kayaking.

After retiring he has no major plans to do anything drastically different due to his significant commitments to his animals, but he would like to be able to do some travelling and see a little more of the world, including possibly touring parts of Scotland, Norway and France either on a motor bike or in an old car. Later this year he is taking part in an off road motor bike race. He is looking forward to do more canoeing and kayaking.

### Dr. Shobha Chacko

Another valued Doctor from the surgery retiring at the end of March is Doctor Shobha Chacko, who qualified as a doctor in India in 1984 working for many years in Gynaecology and Obstetrics before becoming a GP. She has been with the practice for 19 years joining in 2005 and becoming a partner in 2006. She is not from a medical family, but had always wanted to become a doctor from being a young child.

She has two daughters, the eldest is a doctor living in Canada whilst the youngest lives in Manchester and is training to be a Solicitor. She has one grandchild and is looking forward to becoming grandmother to twins in August.

Dr. Chacko is a very sociable person with many interests which include knitting, crocheting, cooking, pilates and walking, she also enjoys entertaining and going to different coffee mornings. After retirement Dr. Chacko would like to do some travelling and continue with her many interests whilst also looking after her grandchildren.



## Krystyna Budziosz



Krystyna was born in 1964 living in Bury, she is Married with 2 children and 1 grandchild.

Krystyna has been with the practice for 40 years starting beginning of January 1984 on reception. She is now an administration clerk and her jobs include typing the referral letters and processing letters that come in from hospitals and handing them to the GPs.

Krystyna is married with 2 daughters and 1 grandson, her interests include looking after her grandchild along with reading, walking, knitting and music.

Once retired Krystyna is not sure what she will take up hobby wise apart from having a rest and she may take up baking and is going to miss her colleagues and patients.

## NEW STARTERS.

Whilst saying a sad farewell to our retirees we would also like to welcome our new Doctors, Nurses and Health Care Assistant.

**Dr Anam Noel** joined the practice in July 2023, qualifying as a doctor in 2015. She then worked at a GP Practice in Stevenage for a year before coming to Peel GPs. Married and expecting her first child her interests include Yoga and keeping fit.



**Dr Lakshmi Buddana** joined the practice in February working at the moment as a Locum she has come from a practice in Prestwich. In April she will become a new partner in the practice joining husband Dr Venkata Bandaru and has 1 child. Her interests include cooking and gardening

We are also pleased to welcome new staff joining Sister Susan Iannaccone (centre) in the Nursing and Health Care team.

**Sister George** pictured on the left joined the practice in February. She has been a nurse for 5 years previously being at the Royal Oldham hospital. George explained moving from a hospital to a primary care environment allows more one on one with patients. She is taking various training courses to come up to speed with primary care and being a practice nurse. Her interests include crafting, scuba diving and music.



**HCA Louise** pictured on the right joined the practice at the end of October coming from the A & E department of Bolton General Hospital having wanted to change from a hospital environment to primary care. Louise is responsible for the taking of blood from patients and also does other tasks including taking ECG's. She has 2 children, both boys, her interests include eating out.

Also joining the practice as a trainee GP for 6 months is Dr Rabia Akram.

## Patient Participation Group (PPG)

The Patient Participation Group (PPG) is a group of volunteer patients, carers and practice staff and held their second meeting on February 29th.

If you would like to join please sign up using the option on our website or send us an email at [peel.gps@nhs.net](mailto:peel.gps@nhs.net) meetings are held quarterly. The next date is Tuesday 28<sup>th</sup> May at 10.30am. The meetings are held at the surgery, new members are most welcome.

## ***Missed Appointments and What it Means To Patients Needing An Appointment.***

We will be reporting in each issue of the newsletter the previous quarters' missed appointments at this practice and what it could mean to you if you needed an appointment quickly.

In this issue we are showing the missed appointments i.e. where patients did not attend their appointment and did not cancel their appointment for the months of December 2023 and January 2024.

The Nursing Team had the greater number of missed appointments at 152 over the two months and this was made up as follows:

### **The Nursing Team - 152 Missed Appointments**

82–Blood Tests  
30–Annual Reviews including Diabetic, Chronic Heart Disease or other annual reviews.  
15–Cervical Screening Tests  
11–Other  
10–Child Immunisations.  
4–ECGs.

### **GPs - 305 Missed Appointments**

223–Routine Telephone Consultations and Telephone Triage.

64–Routine Pre-booked Face to Face Appointments.

18–Other, Includes Joint Injections.

Prior to the appointment patients receive at least one reminder via a text message which gives the opportunity at any stage to cancel the appointment simply by replying with the word CANCEL. This then removes the appointment from the GP or Nurse and frees up a slot should another patient come in needing an appointment quickly, getting the treatment they need.

Please if you are unable to attend your appointment please cancel it and help reduce the number of missed appointments and give another patient the opportunity of that time.

## ***Dates To Note This Spring.***

**Neurodiversity Celebration Week:** 18-24th March

**Stress Awareness Month:** April

**Mental Health Awareness Week:** 13-19th May

**National Walking Month:** May

## ***Patient Chronic Disease Annual Reviews.***

We would like to remind all our patients the importance of attending your annual reviews.

These reviews allows the Nurse or Doctor to monitor your chronic condition and make any necessary changes to your medication if needed and also refer you on for further disease management if appropriate.



## ***Ensure We Have Your Correct Contact Details.***

Moved house or changed your phone number? If you have not let us know then we are unable to communicate with you quickly and efficiently. We offer an SMS service to communicate various reminders and self book links for appointments, for example flu clinics, immunisation invitations and annual health checks.

**Please contact the Surgery to update your mobile number or address.**

## ***Bowel Screening.***

**NHS bowel cancer screening checks if you could have bowel cancer. It's available to everyone aged 60 to 74 years.**

The programme is expanding to make it available to everyone aged 50 to 59 years. This is happening gradually over 4 years and started in April 2021.

You use a home test kit, called a faecal immunochemical test (FIT), to collect a small sample of poo and send it to a lab. This is checked for tiny amounts of blood.

Blood can be a sign of polyps or bowel cancer. Polyps are growths in the bowel. They are not cancer, but may turn into cancer over time.

If the test finds anything unusual, you might be asked to go to hospital to have further tests to confirm or rule out cancer.

Always see a GP if you have symptoms of bowel cancer at any age, even if you have recently completed a NHS bowel cancer screening test kit – do not wait to have a screening test.

Call the free NHS bowel cancer screening helpline on 0800 707 60 60 for further information and advice

## ***Is the NHS App in Your Pocket.***



If you haven't already registered for the NHS APP do it now. It will allow you to take control of your prescriptions, order when you want, and check the status of your prescriptions whenever is convenient for yourself.

There are a variety of different appointment types available to book online, including:

- Routine GP Telephone or Face to Face Consultation.
- Chronic Disease Annual Review.
- Cervical Screening (Smears)
- Baby or Child Immunisations.
- New Muscle or Joint Pain ONLY.

There is no need to contact the practice for the above appointments. Unfortunately there is no option to book a Face to Face appointment with a GP or Nurse.

You can also view your test results, medical records and letters from consultants to your GP.

## ***AGGRESSIVE BEHAVIOUR***

We would like to remind patients that the practice operates a ZERO policy towards aggressive behaviour from patients towards staff. We have noticed over the past couple of years an increase in this sort of behaviour towards staff, even outside the surgery environment. We understand the frustrations patients face in obtaining appointments etc but it is not the fault of the staff, they only work within the system constraints. Recently a member of staff was shopping and was confronted with abusive language from a patient because of the problems with the telephones. If this behaviour continues from a patient after a written warning they can be removed from our list of patients & either you would need to register at another practice or if the police have had to be called you will be placed on a special patient list and would have to attend a special surgery for aggressive patients.

***Stay up to date***

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Instagram: @peel\_gps